



## How Sick is Too Sick? Spring 2021

According to guidance from the CDPHE and our School Nurse, Kimberly Nowland, the current procedures for determining a student or staff member's ability to stay in school and return to school are shown below. Please be advised that we determine if a student or staff member should leave school on a case-by-case basis that includes underlying conditions and other factors (for example, anxiety). In short, we make the best decision possible with the information we have at the time. Here is a simple table chart we use to make these decisions.

Symptoms	Going Home	Staying in School	Possibly going home if symptoms persist	Staying home and returning once guidelines have been met
Fever*	X			X
Persistent Cough	X		X	X
Cough		X	X	
Runny Nose		X		
Headache		X	X	
Sore throat		X	X	X
Stomach ache/Nausea		X	X	
Fatigue			X	X
Diarrhea	X			X
Vomiting	X			X
Loss of Taste or Smell	X			X
Muscle and Body Aches		X	X	X
Difficulty Breathing		X	X	X

\*If the student or staff member has any symptom in conjunction with a fever at or above 99.6, they will be sent home. They may return if the fever goes away within 24 hours and they have been fever-free for 24 hours without medications. If the fever persists beyond 24 hours, we will reassess following Covid guidelines as well as consulting with the ELT and Kimberly Nowland, R.N.